COVID-19 INFORMATION

"BUT IN HUMILITY CONSIDER OTHERS AS MORE IMPORTANT THAN YOURSELVES" PHILIPPIANS 2:3



IF YOU HAVE BEEN NEAR SOMEONE WHO TESTED POSITIVE FOR COVID-19, YOU ARE AT RISK IF:

- YOU HAVE BEEN WITHIN 6 FEET OF THIS PERSON
- YOU HAVE SPENT 15 MINUETES OR MORE WITH THIS PERSON

WHAT DO I DO IF I HAVE BEEN IN CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE?

- Stay home for 14 days. Event if you do not have symptoms, you may still spread the virus to others.
- Wait at least five days before you get tested. If you test too soon, you may get a false negative test result. If you properly test and are negative, then you can end quarantine after seven days instead of 14.
- If you live with someone who has tested positive, you must stay longer. Continue to quarantine another 14 days after their quarantine ends. This means you may quarantine for 24 days.
- If you are vaccinated, you do not have to quarantine **ONLY IF** you were exposed 14-90 days **AFTER BOTH** vaccinations **AND** have no symptoms.

WHAT DO I DO IF I TEST POSITIVE FOR COVID-19?

- Stay home for 10 days after symptoms appear AND until you are free of symptoms for at least 24 hours.
- Tell anyone you have visited in the past two weeks to stay home after five to seven days.
- Treat your symptoms by:
 - Staying hydrated
 - Taking Tylenol for fever
 - Calling your doctor and telling them you have COVID-19. Most likely they will have you stay home and to monitor any symptoms related to COVID-19.
- All family members should stay home. If you need supplies, consider getting items delivered to your home or asking a friend/ servant to drop off supplies at the front of your door.

HOW LONG DOES THE VACCINE TAKE TO WORK?

- The Pfizer and Moderna vaccine only protects you after you receive **both** doses.
- The vaccine does not protect you right away. It takes **two weeks after the second vaccination**. Note that the J&J vaccine is only one dose.
- You can still carry the virus and infect other people, even after both doses.
- It is important to **continue wearing a mask**, washing your hands, and staying 6 feet apart even after you are vaccinated.
- if you've already had COVID-19, wait three months to take the vaccine.

ADDITIONAL RESOURCES

<u>Click here</u> to find where to get FREE COVID-19 testing near you <u>Click here</u> to find out when you may be eligible to get your vaccine

Questions? Fill out the contact form and we will respond as soon as possible.